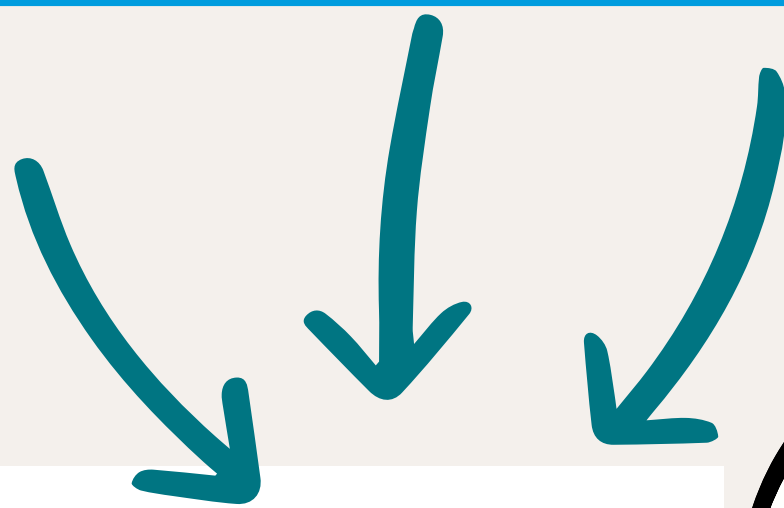


LEARNING OPPORTUNITY FOR LTC-AL LEADERS



TRIP

Trauma and Resiliency Informed Practice

Endorsed by the LTC-AL Network to support psychological well-being of residents, families & staff

"Honestly could spend the whole day doing this workshop! So much to talk about"
- Workshop participant



Course Length: (in-person)

Part 1 = 3.5 hours

Part 2 = 3.5 hours



of participants:

Available for up to **20** leaders at a single care community



Defining Trauma



Raises awareness of key trauma-related concepts and effects on leaders, care providers, residents & families

Trauma Effects



Learn trauma-resiliency guiding principles and become familiar with compassion led strategies that support your resiliency

Skills & Tools



Learn skills & tools to reduce the effects of traumatization by applying knowledge to policy/practice



Interested in signing up?



anita.wahl@fraserhealth.ca



mike.mutter@fraserhealth.ca